Jennifer Sexton

Certified Clinical Hypnotherapist
Lifelong Artist · Author & Speaker



For 25 years as a jewelry designer and goldsmith, Jennifer created one-of-a-kind talismans by listening deeply to each client's desires and allowing the design to arrive intuitively. She brings that same presence to her hypnotherapy practice and to every talk she gives, shaping each talk around the people in front of her.

A Certified Clinical Hypnotherapist and lifelong artist, she is professionally trained in Controlled Remote Viewing and brings a deep interest in consciousness to her work, along with rapid shift practices, handwriting analysis and human potential.

She is the author of *Covert Transformation: Stop Explaining. Start Being.* (2026)

SIGNATURE TOPICS

- ✓ Stop Explaining. Start Being.
- ✓ Put Your Subconscious to Work
- ✓ Habits as Foundation for Growth
- ✓ Rapid Shift Practices
- ✓ Try It Yourself: Self-Hypnosis
- ✓ Excavating Your Authentic Self
- ✓ Self-Exploration Through Art
- ✓ Tapping Your Human Superpowers

#yestohypnosis
www.yestohypnosis.com
+1 (717) 330-0751
info@yestohypnosis.com

BOOKING OPTIONS

PACKAGE A: WANT A FREE TALK?

Talk of up to 30 minutes, including Q&A, within 60 miles. In exchange, you provide a social media feature and quality images of the talk.

PACKAGE B: $1,650

Half-day seminar (up to 4 hours) with a keynote, planning call, and a digital worksheet for attendees. Travel beyond 60 miles extra.

PACKAGE C: $3,250

Full-day seminar (up to 8 hours) with a keynote, planning call, a digital workbook for attendees, and a recap feature on Jennifer's blog. Travel beyond 60 miles extra.

Every package includes a planning call and a free digital resource for attendees.

WHERE SHE'S SPOKEN

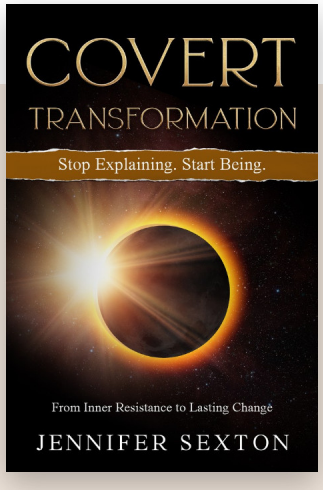
Red Rose Toastmasters (officer) · Kiwanis Club · Youth programs for young women, Thaddeus Stevens College of Technology (hands-on) · Art Club host, Lancaster Mennonite School (hands-on) · Private events

WHAT AUDIENCES SAY

"Riveting... kept the rapt attention of all."
E.H., audience member

"Weaving information with stories... using humor to soften feeling uncomfortable."
R.P., audience member

"Comfort, ease, and involvement of the audience."
S.M., audience member



Covert Transformation
Coming December 2026

Let's Talk!

info@yestohypnosis.com
yestohypnosis.com/speaking/
+1 717-330-0751

Headshot and speaker kit: yestohypnosis.com/speaking/