Jennifer Sexton

Certified Clinical Hypnotherapist
Lifelong Artist · Author & Speaker



For 25 years as a jewelry designer and goldsmith, Jennifer created one-of-a-kind talismans by listening deeply to each client's desires and allowing the design to arrive intuitively. She brings that same presence to her hypnotherapy practice and to every talk she gives, shaping each talk around the people in front of her.

A Certified Clinical Hypnotherapist and lifelong artist, she studies all things conscious and subconscious, from Controlled Remote Viewing and rapid shift practices to handwriting analysis and human potential.

She is the author of *Covert Transformation: Stop Explaining. Start Being. From Inner Resistance to Lasting Change* (2026)

SIGNATURE TOPICS

- ✓ Habits as Foundation for Growth
- ✓ Put Your Subconscious to Work
- ✓ Rapid Shift Practices
- ✓ Excavating Your Authentic Self
- ✓ Self-Exploration Through Art
- ✓ Tapping Your Human Superpowers
- ✓ Stop Explaining. Start Being.

#yestohypnosis
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BOOKING OPTIONS

PACKAGE A: WANT A FREE TALK?

Keynote up to 60 minutes, within 60 miles. In exchange, you provide a social media feature and quality images of the talk.

PACKAGE B: $1,650

Half-day seminar (up to 4 hours), keynote, and social media feature. Travel beyond 60 miles extra.

PACKAGE C: $3,250

Full-day seminar (up to 8 hours), keynote, and blog and social media feature. Travel beyond 60 miles extra.

WHERE SHE'S SPOKEN

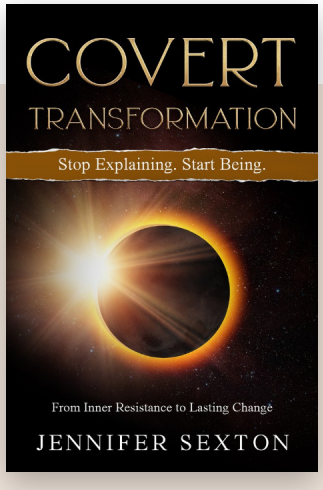
Red Rose Toastmasters (officer) · Kiwanis Club · Youth programs for young women, Thaddeus Stevens College of Technology (hands-on) · Art Club host, Lancaster Mennonite School (hands-on) · Private events

WHAT AUDIENCES SAY

"Riveting... kept the rapt attention of all."
E.H., audience member

"Weaving information with stories... using humor to soften feeling uncomfortable."
R.P., audience member

"Comfort, ease, and involvement of the audience."
S.M., audience member



Covert Transformation
Coming December 2026

Let's Talk!

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Headshot and speaker kit: yestohypnosis.com/speaking/